

I Choose - Week 3 - Surrender over control - CG notes

Getting started

If you could actually have full control over something what would it be? (*This is meant to be a bit of fun so lead the way thinking of something fun!*)

Getting stuck in

This week we are thinking about 'surrender over control'
Read Proverbs 3 v.5-6. Read it from a few translations.

- Read it like you've never read it before, how is this scripture inconsistent with culture?
- Why do you think we tend to choose control over surrender?

Getting personal

- In which areas of your life are you most controlling: family, work, money, friendships, or something else?
- How does this sometimes impact people you care about?
- Talk about the last time you felt completely out of control. What did you learn?

Reflect on the story of Abraham and Sarai from Genesis 16 v.1-4.

- Have you ever tried to take Gods plan into your own hands? How did that work out for you?
- Share a past or present experience where you've given God your trust. How are you practically doing this?

Getting practical

- What are you trying to control that you should be surrendering to God?
- How can you surrender this to God?
- What are your next steps this week?

Finish by praying for each other, be sensitive this is a tough subject...lead by praying something like this...

'Jesus we've been trying to run our lives like we know better than you. Holy Spirit we invite you to loosen our grip on control. Father we surrender our family, our finances, our work, our lives to you, amen.'

Going deeper

If you have time look at the following scriptures and open up conversation about what they say and what they mean to you right now.

Mark 14 v.35-36/John 15 v.1-7/James 4 v.10/Psalm 56 v.3-4/1 Peter 5 v.7

